

Summer SEA-M-E Conference June 8 – 12, 2025 Hyatt Place Dewey Beach

Faculty Disclosure - All faculty participating in this continuing medical education activity are expected to disclose any real or apparent conflict(s) of interest related to the content of their presentation(s). Full disclosure of faculty relationships will be made at the activity. Any reported conflicts of interest were cleared prior to this event.

CME	Workshops	Social	Practice Management	Wellness	Symposium	Recorded
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The sessions that will be recorded will be noted on the agenda shortly. Check back for updates

SUNDAY, JUNE 8

	Prefunction – Lighthouse Cove Event Center (rear of hotel)
10 am	Registration opens
11 am – 12 pm	Keynote: Cybersecurity for Healthcare (Former FBI and Intelligence) PS John Iannarelli (FBI Ret.) CSP
12 – 12:45 pm	Hyperlipidemia Update PS Speaker TBA
12:45 – 1:15 pm EXHIBIT AND REFRESHMENT BREAK	
1:15 – 2:15 pm	Once Weekly Insulin – What You Need to Know PS Jay Shubrook, DO, Touro University, CA
2:15 – 3:15 pm	Engaging Families in Behavioral Health Services PS James Waxmonsky, MD, Penn State Health
3:15 – 3:30 pm EXHIBIT AND REFRESHMENT BREAK	
3:30 – 4:15 pm	Name that Lesion PS Cameron Glagola, DO, UPMC Williamsport
4:15 – 5:30 pm	Leadership Lessons Learned Through the FBI PS John Iannarelli (FBI Ret.) CSP
	<p style="text-align: center;">6 – 7:30 pm WELCOME PARTY ON THE BEACH! Contests, Photo Booth and more! Attendees and Guests/Family Members welcome! \$ Registrant is no charge, see registration form for prices for adult guests and children</p>

MONDAY, JUNE 9

6– 7 am	Early riser exercise on the beach 	
7 am	Registration Opens	
7:30 – 8:15 am	Exhibitor Meet and Greet Breakfast Enjoy light breakfast with our corporate colleagues and Academy supporters.	
7:30 am	Independent Practice Physicians Breakfast	
8 –8:45 am	Identifying Barriers to Care and Safety for Victims of Domestic Violence PS Michelle Hoadley, DO, York PA	
8:45 – 9:45 am	Early Recognition + Earlier Intervention = Slowing the Progression in Mild Cognitive Impairment/Early Alzheimer’s PS Raymond Scott Turner, PhD, MD, FANA, FAAN	
Clinical Didactic	Workshops	Practice Management
9:45 – 10:45 am Physician Well-Being – Part 1 Compassion Fatigue PS  Caitlin Matthis, DO, Washington Health System	9:45 – 11:30 am (w/ break at 10:30) Dermoscopy Workshop PS Cameron Glagola, DO, UPMC Williamsport	
10:45 – 11:15 am  WELLNESS/ EXHIBIT/REFRESHMENT BREAK		
Clinical Didactic	Workshops	Practice Management
11:15 am – 12 pm Future Stars Session PS Acute Pain Crisis in Sickle Cell Disease - Cases Ilham Umar, MD, Sukhjeet Kamboj, MD and Jason Assalita, DO, Wellspan Lebanon 12 – 1 pm Physician Well-Being – Part 2 Individual Wellness and the Culture of Medicine PS  Caitlin Matthis, DO, Washington Health System	11:45 am – 12:30 pm Take Home OMT Techniques for Daily Usage PS Tu Le, DO, St. Luke’s University Health Network	10:30 – 11:15 am Optimizing Population Health and Quality Metrics Juan Perez, DO, Penn State – St. Joseph Family Medicine Residency 11:15 – 12:15 pm How to be Successful in Value-Based Care, Timothy Switaj, MD, Wellspan Health
1 pm Lunch w/ Exhibitors - Prefunction Event Center		

2 – 3:30 pm



KAYAK AND STAND UP PADDLEBOARD LESSONS AND EXCURSION!

(offered Monday and Wednesday afternoons)

No experience necessary. Shuttle provided to the launch area which is only 3 blocks away. A great, relaxing way to spend the afternoon while enjoying the beautiful sights and nature the area has to offer. **\$ See registration form for prices.**



8:30 – 10:30 pm
MOVIE ON THE BEACH
Mufasa: The Lion King

Bring a chair, blanket or beach towel. Popcorn provided, **No Charge**

TUESDAY, JUNE 10

6:30 – 7:30 am

DAYBREAK WITH DOUG (EARLY RISER WELLNESS)

Doug Lentz, MS, CSCS, Certified Exercise Specialist



7:30 – 8:30 am

EXHIBITORS

Coffee will be flowing

8 – 8:45 am

Resistance Training 101: Basics That You and Your Patients Should Want to Know PS

Douglas Lentz, MS, CSCS, Certified Exercise Specialist and Michael Gaudiose, MD

8:45 – 9:45 am

Recognizing Potential Amyloidosis in Your Patients PS

Louis Kuritsky, MD

Clinical Didactic

Workshops

Practice Management

9:45 – 10:45 am

OMM in Lymphedema: In Office Approach PS

Theresa Metanchuk, DO

9:45 – 10:45 am

Excision/Shave/Punch Biopsies – Part 1 PS

Bradley Miller, DO and Aaron George, DO, Meritus Health

9:45 – 10:30 am

Case-Based Coding

10:45 – 11:15 am

Prefunction Event Center

WELLNESS/EXHIBIT/REFRESHMENT BREAK



Clinical Didactic

Workshops

Practice Management

11:15 am – 12:15 pm PS

Case Studies in Psychiatry

Daniel Orr, MD, Chester, PA
 (submit your questions in advance.)

11:15 am – 12 pm

Excision/Shave/Punch Biopsies – Part 2 PS

Bradley Miller, DO and Aaron George, DO, Meritus Health

11:15 am – 12:15 pm

Malpractice Occurrences

12:15 – 1 pm

LGBTQ+ Care in Primary Care PS

D. Scott McCracken, MD, FAWM, Wellspan York

12 – 1:15 pm

Joint Injections Workshop PS

Abby Rhoads, DO, St. Luke's University Health Network
 Aaron George, DO and Bradley Miller, DO, Meritus Health

12:15 – 1 pm

Session TBD

1:15 – 2 pm

LUNCH

The Lila Stein Kroser, MD Memorial Lecture (1:30 – 2 pm) CME

Amber Fedin, DO, FACOFP, FAAFP, Duquesne University College of Osteopathic Medicine, Pittsburgh

AFTERNOON FREE



6:30 pm

TRIVIA TUESDAY!

Get a team together, or just wing it. A super fun night is planned for all!

Everyone invited. Prizes!! **No Charge**

8 – 8:45 pm

The Effect of Climate Change on Health PS (snacks and beverages provided)

D. Scott McCracken, MD, Wellspan York

WEDNESDAY, JUNE 11

7:30 am

EXERCISE DU JOUR!



Clinical Didactic

Workshops

Practice Management

8:30 – 9:30 am

Musculoskeletal Care During Pregnancy PS

Andrew Lutzkanin, MD and Jayson Loeffert, DO, Penn State Health

9:30 – 10:15 am

Updates in Osteoporosis Screening and Treatment PS

Anupriya Grover-Wenk, DO
Jefferson Health

8:30 – 9:30 am

Pediatric Osteopathic Manipulation Techniques for All Physicians PS

Theresa Metanchuk, DO

9:30 – 11 am

Chronic Shoulder Pain Workshop PS

T. Grant Phillips, MD, Altoona Family Physicians

9:30 – 10:15 am

The Future of AI/EMR in Outpatient Practice

Timothy Switaj, MD, Wellspan Health

10:15 – 10:45 am

WELLNESS/EXHIBIT/REFRESHMENT BREAK



Clinical Didactic

Workshops

Practice Management

10:45 – 11:30 am

Sports Medicine Whodunit: Victim or Culprit PS

Jayson Loeffert, DO, Penn State Hershey

11 am – 12:30 pm

Colposcopy Workshop PS

Richa Sharma, MD, FAAFP, Judy Abu-Brown, MD and Nguyet-Cam Lam, MD, FAAFP, St. Luke's University Health Network

10:45 – 11:45 am

**Healthcare Delivery Models
A Panel Discussion of Pros and Cons-
Employed, Solo, DPC, Value-Based**
Andrew Lutzkanin, MD, Geoff Monsour, MD, Tiffany Leonard, MD, Timothy Switaj, MD

2 – 4 pm

Optional Afternoon CME (Remote presentations)

Thyroid Cancer vs. Nodule PS

Hep C PS

OPTIONAL SOCIAL EVENTS

2 – 3:30 pm

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(offered Monday and Wednesday afternoons)



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3 pm
GROUP BIKE RIDE

Who is up for some adventure? Take a guided trail ride through Dewey, Rehoboth and surrounding areas. The ride generally takes 2.5 to 3 hours, is for all levels and ages and leaves from Breakaway Bikes in Dewey (walkable from the hotel or you can drive there.) **See registration form for bike prices, etc.**



FREE NIGHT TO EXPLORE

Complimentary shuttle transportation to Rehoboth Beach and back from 5 – 9 pm.

Looking to have some fun with colleagues or make new friends, multiple sign-up sheets will be at PAFP registration so you can join with others. Restaurants, Sunset Cruise, Miniature Golf, etc. So many things to do and see, you'll have a tough time choosing. 😊

THURSDAY, JUNE 12

	Breakfast on your own (included in the room rate)
8:30 – 9:30 am	Travel and Immigration Immunizations PS William Sonnenberg, MD, Titusville, PA
9:30 – 10:30 am	Improving Migraine Management PS Wynde Check, DO
10:30 am	Check-out break (Refreshments)
10:45 – 11:30 am	Lifestyle Medicine Overview – The Six Pillars PS Christine Degnon, MD, Lewes, DE
11:30 – 12:30 pm	Changes in the Mental Health of Women as they Transition from Perimenopause to Menopause Anupriya Grover-Wenk, DO, Jefferson Health
12:30 – 1:15 pm	Obesity and Weight Loss Drugs - Combining Meds with Lifestyle Changes for Optimum Weight Loss Outcomes PS Christine Degnon, MD, Lewes, DE
1:15 pm	Closing Remarks and Drawings

- Application has been submitted to the AAFP. Determination of credit is pending.
- The program is co-sponsored by the Philadelphia College of Osteopathic Medicine.

Upcoming PAFP CME and other events:

- **Fall FM Essentials Summit, Sheraton Station Square, Pittsburgh – October 25, 2025**